

Life is a precious but impermanent gift. The body gives out, and your soul is released. The real value of life is whatever value it is to your soul. Snap out of illusion! Strive to see the truth. It is so beautiful that it will make you laugh with joy. The truth is, you are a creation of God. You are safe. You are loved. You are truly magnificent! And you are moving steadily toward coming to know this and profoundly embracing this truth.

Welcome home!

EXPLORATIONS

Give Yourself a Star

Go to your psychic space. Light a stick of incense. Put on a tape of music you enjoy. Go back over your transformation, using your psychic journal entries.

Tell someone you are psychic. What are their reactions? _____

What are your reactions to their reactions? _____

How does it feel to completely honor who you are? _____

CHARTING YOUR PROGRESS

Reflect on your experiences this week when answering these questions.

How many days this week did you meditate? Boy, does time fly!

How many days this week did you make entries in your psychic journal? _____

Close your eyes and ask yourself how it feels to be coming home.
